

Sub-Acute Crisis Stabilization



The SACS program is a short-term residential stabilization service for youth ages 5-18 years old who are working through a mental health crisis.

At SACS, trained staff support the stabilization of both youth and their family by providing:

- Individual, family and group therapy
- Psychiatric consultation and medication management
- Safety and stabilization support
- Skills development for parents and youth
- Care coordination

While youth are in care, SACS assists with:

- Food and nutrition
- Hygiene items
- Family engagement and support

Youth can stay in the program up to 14 days, with shorter stay options available. Acceptance into the program is contingent on availability and appropriateness.



Contact:

(860) 297-0536
sacsreferrals@thevillage.org



Location:

1680 Albany Avenue
Hartford, CT



Referrals:

Scan below to submit a referral or visit:
thevillage.org/SACS-referral



Please review important details on the reverse side of this flyer.

Food

SACS provides all meals, including nutritious snacks in the afternoon and evening, and can accommodate specific dietary needs and food allergies. If your child has specific needs, please indicate this during the admission referral phone call. Parents are unable to bring food for their child during visits unless deemed appropriate by clinical staff. Foods dropped off via Uber Eats or other platforms are prohibited.

Clothing

Caregivers and legal guardians are asked to provide a week's worth of clothing. A washer/dryer is available for youth and staff will assist as necessary. SACS is not responsible for lost or ripped clothing. Strings that are attached to clothing must be removed prior to admission. Shoes with strings are allowed during outdoor activities but will be safely secured while indoors. Expensive clothing and shoes are strongly discouraged. Your child is expected to dress in an appropriate manner. Inappropriate clothing will be confiscated and stored for the youth to take home after their stay. Youth must adhere to the following:

- Skirts or shorts should be no shorter than the mid thigh and should not be revealing
- No tops that show the midriff
- No see-through or sheer clothing
- Clothing with inappropriate, violent or graphic images is prohibited.

Hygiene Items

Soap, shampoo and other hair items are provided. Families will need to provide some hygiene products, specialized lotions and menstrual products. If there is specific accommodation regarding the use of menstrual products, please inform staff during the admission process. Razors are not permitted.

Medication

If the youth is prescribed medications, SACS requires the following documentation at admission:

- Copy of insurance card
- 14-day supply of verified medications (in original pharmacy bottle)
- Permission for medical treatment
- Copy of annual physical and immunizations
- Guardian's permission to continue medication

Transportation

The SACS program supports youth attending school when clinically appropriate, as well as youth participation in family activities, medical and counseling appointments, and school activities. Transportation to school and other appointments must be arranged by the legal guardian.

Written and Electronic Media

Any reading materials, television programs, movies or music that contains graphic sexual, violent or demeaning content are not allowed. MP5 players with speakers will be provided to youth. Wired earbuds are not permitted. SACS will provide censored movies on Netflix and Disney Plus. Youth can also access edited content on YouTube Kids.

Family Engagement

The SACS program involves a high level of family engagement and frequent family sessions. Due to the number of face-to-face interactions, there are no set visitation times outside of treatment. Caregivers can request off-ground visits for up to 4 hours for prior arranged events/activities. Staff will allow phone calls between youth and caregivers if clinically necessary or in emergency situations.

Acceptable items to bring

Personal clothes, shoes, toiletries and books (to be approved) are permitted. The program will not reimburse items lost, stolen or damaged.

Prohibited Items

Youth are strongly discouraged from bringing expensive or irreplaceable items into SACS. The following items are not permitted: any money, cameras, personal video games, computers, gaming systems, cell phones, vapes and any contraband.

Personal Belongings

SACS will secure any items left at the program post discharge for a total of 30 days. After 30 days, items left behind will be discarded.